

Southern California
Regional Service Conference of Narcotics Anonymous
SCRSC Guidelines

Appendix 1.

New Committee Assessment Protocol

1. Explain your committee

A. What is the primary purpose for your committee

The primary purpose for this committee is to help addicts who are also experiencing some form of mental illness. To hold monthly committee meetings that focus on addicts that are also experiencing mental illness and new ways to reach them in harmony with carrying the message to the addict who still suffers. To maintain a close working relationship with the RSC. To conduct business with the 12 Traditions and 12 Concepts of NA.

B. This committee will provide one information workshop and one event per year.

This committee will focus its literature from NA in its workshops such as the In Times Of Illness Booklet and Mental Health in Recovery IP.

C. This committee will address the needs and wants of addicts who also experience mental illness. It will be a forum to exchange ideas and recovery principles that benefit addicts who also have mental illness.

D. The goal of this committee is to be self supporting but we will need support in the beginning to get this committee started.

E. We will try to raise money at the information workshop and the event for additional future activities. This would be from the one information workshop and one event per year.

F. Our decision making process will foster unity by the fact that we will follow the 12 Traditions and the 12 Concepts in all of our meetings. We will also allow space for addicts who experience mental illness to speak openly about their experience in our events and meetings.

G. This committee will fulfill the needs of the area by reaching addicts who also experience mental illness in ways that are currently lacking. Addicts who experience mental illness are often restricted from sharing openly about their mental illness. This committee hopes to fill that need.

H. This committee hopes to foster unity by creating a space where addicts who also experience mental illness can find the help they are looking for. We hope to foster unity by giving voice to this experience and allowing all to join and learn about the experience of addicts who also experience mental illness and how we stay clean.

2. Issues Your Committee is Addressing

- A. This committee will address the special interests of the population we are serving by hosting one Information Workshop and one Event per year that explains and opens a space for addicts who also experience mental illness to gather and learn from each other and also
 - B. This committee is addressing the issues of addicts who also experience some form of mental illness, such as schizophrenia, bipolar, depression, anxiety and borderline mental illness.,
 - C. The issues this committee wishes to address are not being addressed in the current service structure.
 - D. The type of attention is ongoing and is not based on a current problem.
 - E. This committee hopes to educate the members of NA about the experience, strength and hope of addicts who also have mental illness.
3. Your Committee's Relationship with NA
- A. The future of this committee will fit into NA as a whole in a number of ways. We hope to make connections with other committees and collaborate wherever possible. Also diversity is our strength in NA and we hope to build this strength.
 - B. There is currently no service body dealing with mental health related topics. This issue is a real one for many addicts. We have to combat lots of misunderstandings and lack of information on this subject. The literature we do have on this subject is not well known. We feel that a primary part of this committee will be education on the subject of mental illness.
 - C. The purpose of this committee is inclusive to all members. Anyone may join and learn and participate on this committee. We want to have a broad base and all are welcome to join. The thing is there are still lots of folks giving bad advice to addicts that are also mentally ill. We are told simply that we are not clean if we have to take meds or that we don't need our medications. We hope to include everyone in changing this understanding.
 - D. We hope to educate folks on what mental illness is and how to best help addicts who have mental illness. We hope to use the literature of NA to be our basis for this education. We hope to make a place where people with mental illness who are also addicts can find a place to feel welcome and accepted.
 - E. We are not doing anything that is disunifying NA. We hope to build unity through our diversity.
 - F. Our committee will aid addicts who are not mentally ill by educating them to find ways to support addicts who are mentally ill.
 - G. No, we will not foster discrimination or alienation. We want to foster unity.