## SUNDAY / DOMINGO

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1.5HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**10:30AM 1HR True Recovery**, All Truth Church, 1525 North D Street #16, San Bernardino, California, 92405 **(O,CW) (*San Bernardino*)**

**11:30AM 1.5HR Ravishing Renegades**, Women Only, 325 Alabama Street Suite 5, Redlands, California, 92373 **(O,W,LS) (*Redlands*)**

**7:00PM 1.5HR Broken Window**, ARK Church of the Nazarene, Room 15, 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,D,CW) (*Redlands*)**

**7:00PM 1HR Simply Sunday**, St. Alban Episcopal Church Potluck Last Sunday at 6pm, 12692 5th Street., Yucaipa, CA, 92399 **(O,D,WC,NS) (*Yucaipa*)**

**7:30PM 1.5HR NA Mentone Bonfire**, 1340 Olivine Avenue, Mentone, CA, 92359 **(O,Sm,WC) (*Mentone*)**

## MONDAY / LUNES

**7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, Redlands, California, **(O,JT,VM) (*Redlands*)**

**8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting**, Zoom Meeting ID 87096210567 Password 987654, California, **(O,D,VM) ()**

**5:00PM 1HR True Recovery**, 1525 North D Street, San Bernardino, California, 92405 **(O,OE) (*San Bernardino*)**

**6:30PM 1HR Anonymous Stag**, 325 Alabama Street Suite 5, Redlands, California, 92373 **(O,M,NC,NS) (*Redlands*)**

**7:00PM 1.5HR Cornerstone**, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, California, 92376 **(O,BK) (*Rialto*)**

**7:00PM 1HR Ladies Night Book Study**, Yucaipa Church of God, 12477 13th Street, Yucaipa, CA, 92399 **(O,W,BK,CW) (*Yucaipa*)**

**7:00PM 1HR True Recovery @ Cornerstone**, Cornerstone Church, 903 East 3RD Street, San Bernardino, California, 92410 **(O,CW) (*San Bernardino*)**

**7:30PM 1.5HR Monday Night Live**, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,D,To,NS) (*Redlands*)**

## TUESDAY / MARTES

**7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting**, Zoom Meeting ID 87096210567 Password 987654, California, **(O,D,VM) ()**

**5:00PM 1HR True Recovery**, 1525 North D Street, San Bernardino, California, 92405 **(O,OE) (*San Bernardino*)**

**6:00PM 1HR Tuesday Night Spot**, Empowered Living Community Church, 2347 North Sierra Way, San Bernardino, California, 92405 **(O) (*San Bernardino*)**

**7:00PM 1.5HR Keep Coming Back**, IVRS, Book Study Leader Share Only, 939 North D Street, San Bernardino, California, 92410 **(O,CS,BK) (*San Bernardino*)**

**7:00PM 1.5HR The Zoo**, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 E Citrus Avenue, Redlands, California, 92374 **(O,D,WC,NS) (*Redlands*)**

**7:00PM 1.5HR Together We Can**, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, California, 92376 **(O,WC,LS) (*Rialto*)**

**7:30PM 1.5HR TNT**, Faith Lutheran Church, 12449 California Street, Yucaipa, CA, 92399 **(O,WC,NS) (*Yucaipa*)**

## WEDNESDAY / MIÉRCOLES

**7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting**, Zoom Meeting ID 87096210567 Password 987654, California, **(O,D,VM) ()**

**12:30PM 1HR Women Recovering**, Inland Behavioral Health Services, 1963 North E Street, San Bernardino, California, 92405 **(O,W) (*San Bernardino*)**

**5:00PM 1HR True Recovery**, 1525 North D Street, San Bernardino, California, 92405 **(O,OE) (*San Bernardino*)**

**7:00PM 1.5HR Experience, Strength and Hope**, Building is across from the round table pizza entrance. Guest speaker last Wednesday of the month., 27995 Highland Ave., Highland, CA, 92346 **(O,NC,WC,NS) (*Highland*)**

**7:00PM 1.5HR Mountain High Meeting**, Blue Jay Village Alano Club, Looking at Rite Aid it's to the far left of it., 27219 CA-189, Blue Jay, Ca, 92317 **(O,BT,LS) (*Blue Jay*)**

**7:00PM 1.5HR Women Do Recover**, No Children Allowed, Women Only, 325 Alabama Street Suite #5, Redlands, California, 92373 **(O,NC,W) (*Redlands*)**

**7:30PM 1.5HR Does Anybody Care**, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,SP,WC) (*Redlands*)**

**7:30PM 1.5HR Stick Topic Meeting**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,WC,NS) (*Yucaipa*)**

## THURSDAY / JUEVES

**7:00AM 1HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting**, Zoom Meeting ID 87096210567 Password 987654, California, **(O,D,VM) ()**

**5:00PM 1HR True Recovery**, 1525 North D Street, San Bernardino, California, 92405 **(O,OE) (*San Bernardino*)**

**6:00PM 1.5HR Let it Begin with Me**, Belong Church - Please Bring a Chair, front of church no children allowed, 324 West 40th Street, San Bernardino, CA, 92407 **(C,BT,D,NC,W,WC,BK,NS) (*San Bernardino*)**

**6:30PM 1.5HR Message of Hope**, Rialto Bible Fellowship, 101 North Olive Avenue, Rialto, California, 92376 **(O) (*Rialto*)**

**7:00PM 1.5HR No Fronts**, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,D,To,WC,CW) (*Redlands*)**

**7:30PM 1.5HR Clean & Serene**, Jerry L Pettis Memorial Veterans Hospital, Enter rear door by ER second floor room 2B-149, 11201 Benton Street, Loma Linda, California, 92357 **(O,D,WC,NS) (*Loma Linda*)**

## FRIDAY / VIERNES

**7:00AM 1.5HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**5:00PM 1HR True Recovery**, 1525 North D Street, San Bernardino, California, 92405 **(O,OE) (*San Bernardino*)**

**7:00PM 1.5HR New Beginnings**, Inland Valley Recovery Services, 939 North D Street, San Bernardino, CA, 92410 **(O,D,WC,NS) (*San Bernardino*)**

**7:30PM 1.5HR Friday Night Book Study Meeting**, No Pets Allowed - No Kids, 27397 Baseline Street, Highland, California, 92346 **(O,NC,BK) (*Highland*)**

**7:30PM 1.5HR It's An Inside Job Dealers Choice**, First United Methodist Church, 1 East Olive Avenue, Redlands, CA, 92373 **(IW,JT,SG,To,Tr,WC,BK,LS,SPAD) (*Redlands*)**

**7:30PM 1.5HR TGIF - Thank God it's Friday**, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,D,WC,NS) (*Yucaipa*)**

## SATURDAY / SÁBADO

**7:00AM 1.5HR Morning Miracles**, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O) (*San Bernardino*)**

**7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting**, Zoom Meeting ID 9097950464 Password 987654, California, **(O,JT,VM) ()**

**8:30AM 1.5HR Addicts from the Asphalt**, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC) (*Yucaipa*)**

**7:00PM 1.5HR Hard Won Experience**, The Unity Club, Last Saturday Speaker, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,WC,NS) (*Redlands*)**

**7:00PM 1.5HR Safe Seen Clean**, Trinity Espiscopal Church, 419 South 4th Street, Redlands, California, 92374 **(O,To,LGBTQ) (*Redlands*)**

**11:00PM 1.5HR Bermuda Triangle**, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, CA, 92376 **(O,D,Sm,To,WC) (*Rialto*)**

| MEETING FORMAT LEGEND | | | |
|---|---|---|---|
| BT | Basic Text | C | Closed |
| CS | Children under Supervision | D | Discussion |
| IW | It Works -How and Why | JT | Just for Today |
| M | Men | NC | No Children |
| O | Open | SG | Step Working Guide |
| Sm | Smoking Permitted | SP | Speaker |
| To | Topic | Tr | Tradition |
| W | Women | WC | Wheelchair |
| OE | Open-Ended | BK | Book Study |
| NS | No Smoking | CW | Children Welcome |
| LGBTQ | LGBTQ | LS | Literature Study |
| VM | VirtualMeeting | SPAD | A Spiritual Principle a Day |

## SERVICE MEETINGS

**Area Service Committee** meeting is held on the 4th Monday of each month at 700 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

**H & I** Meeting is held on the 4th Monday of each month at 6:00 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

**Activities** Meeting is held on the 3rd Thursday of each month at 6:30 pm at 1307 E Citrus Ave. Redlands, Ca 92374

**Public Relations** Will announced at area prior to the next meeting.

**Outreach Meeting** is held on the 3rd Wednesday of each month at 6:30 pm at Uncle Howie's Pizza 800 E Lugonia Ave Suite A, Redlands, CA 92374

## PHONE NUMBERS

## What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

**For the latest meeting info**

**Scan the QR Code to Visit the Current IEFA Website**

**BMLT Meeting List.**

**Save the page to your phone home screen.**

# INLAND EMPIRE FOOTHILLS AREA

# MEETING LIST

## November 2026

## 24 HOUR HELPLINE

(800) 863-2962

**www.iefoothillsna.org**

Spanish Helpline - Linea Telefonica en vivo:
(888) 622-4672

## SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what**
**Ask your Higher Power to keep you clean**
**Come early and stay late**
**Get a home group**
**Go to 90 meetings in 90 days**
**Read NA literature daily**
**Get and use a sponsor**
**Use the PHONE**

## KEEP COMING BACK. IT WORKS

Meetings Weekly: 61