

SUNDAY / DOMINGO

7:00AM 1.5HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854

Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm)**

9:30AM 1.5HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

6:30PM 1.5HR New Perspective, 325 Alabama Street Suite 5, Redlands, California, 92373 **(O,NC)**

7:00PM 1HR Broken Window Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Redlands, California, **(O,VM)**

7:00PM 1.5HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1HR Simply Sunday, St. Alban Episcopal Church, 12692 5th Street., Yucaipa, CA, 92399 **(O,D,WC,NS)** *Youth Room, Chips, Potluck last Sunday at 6pm*

7:30PM 1.5HR Double Shot - Where's the Beach, 1340 Olivine Avenue, Mentone, CA, 92359 **(O,Sm,WC)** *Campfire Smoking Permitted*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

MONDAY / LUNES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D)**

9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR Afternoon Fix, IVRS, 939 North D Street, San Bernardino, California, 92410 **(O,CH,WC)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

7:00PM 1HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:30PM 1.5HR Monday Night Live, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,D,To,NS)** *Speaker Meeting 2nd Monday of the Month*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

TUESDAY / MARTES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D)**

9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

7:00PM 1HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1.5HR Old School Men's Stag Living Clean Book Study Online/Phone Meeting, Zoom Meeting ID 894846197 Password July1953, San Bernardino, California, **(O,BT,IW,M,GP,Tr,BK,LC,LS,VM)** *Book Study Currently Reading Living Clean Password July1953*

7:00PM 1.5HR Still Standing, 939 North D Street, San Bernardino, California, 92410 **(O)**

7:00PM 1.5HR The Zoo, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 E Citrus Avenue, Redlands, California, 92374 **(O,D,WC,NS)**

7:30PM 1.5HR TNT, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399

(O,D,WC,NS) *Meeting is held inside Bring your own chair*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

WEDNESDAY / MIÉRCOLES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D)**

9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR Afternoon Fix, IVRS, 939 North D Street, San Bernardino, California, 92410 **(O,CH,WC)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

7:00PM 1.5HR Experience, Strength and Hope, Zoom ID 88585809878 Password 987654, San Bernardino, CA, **(O,D,NC,VM)**

7:00PM 1HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1.5HR Newcomers Solid Start Meeting Reaching Out Zoom Meeting Steps 1-2-3, Zoom Meeting ID 82455709209 Password July1953, San Bernardino, California, **(O,St,VM)**

7:30PM 1.5HR Stick Topic Meeting, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,WC,NS)** *Meeting is held inside Bring your own chair*

7:30PM 1HR Women Do Recover, 325 Alabama Street Suite #5, Redlands, California, 92373 **(O,W)**

8:00PM 1.5HR Does Anybody Care, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,SP,WC)** *No Court Cards After Break - Speaker 1st Wednesday*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

THURSDAY / JUEVES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D)**

9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

5:00PM 1.5HR Let it Begin with Me Women's Online/Phone Meeting, Zoom Meeting ID 86094103388, San Bernardino, California, **(O,BT,D,W,BK,VM)**

6:30PM 1HR Ladies Night Women's Online/Phone Meeting, Zoom Meeting ID 87993961433 Password 123456, 92346 **(O,D,W,VM)** *Women Only*

7:00PM 1HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1.25HR No Fronts, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,D,To,CW)** *1 1/4 Hour*

7:00PM 1.5HR Save Your Ass Book Study Online/Phone Zoom Meeting, Zoom Meeting ID 72719688967 Password 12steps, Redlands, California, **(O,BK,VM)**

7:30PM 1.5HR Clean & Serene Zoom Online Meeting, Zoom Meeting ID 86345317248 Password 123456, Loma Linda, California, **(O,D,SP,VM)**

7:30PM 1.5HR Couch Potato, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,To,NS)** *Meeting is held inside Bring your own chair*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

FRIDAY / VIERNES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D)**

9:30AM 1HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR Afternoon Fix, IVRS, 939 North D Street, San Bernardino, California, 92410 **(O,CH,WC)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

6:00PM 1HR Friday Fix, St. Alban Episcopal Church, 12692 5th Street., Yucaipa, CA, 92399 **(O,WC,NS,CW)**

7:00PM 1HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1.5HR New Beginnings, Inland Valley Recovery Services, 939 North D Street, San Bernardino, CA, 92410 **(O,D,WC,NS)** *Chips*

7:30PM 1.5HR Friday Night Book Study Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Highland, California, **(O,BK,VM)**

7:30PM 1.5HR TGIF - Thank God it's Friday, Faith Lutheran Church BRING YOUR OWN CHAIR, 12449 California Street, Yucaipa, CA, 92399 **(O,D,WC,NS)** *Meeting is held inside Bring your own chair*

9:00PM 1.5HR Mandatory N.A., Community Bible Church BRING YOUR OWN CHAIR, In front of Church, 324 West 40th Street, San Bernardino, CA, 92407 **(O,D,WC,NS)** *BRING YOUR OWN CHAIR Chips, 4th Friday 1/2 hour speaker then open sharing*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**



INLAND EMPIRE FOOTHILLS AREA

**MEETING LIST
MAY 2021
24 HOUR HELPLINE**

(909) 795-0464
www.iefoothillsna.org

**SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late**

**Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE**

KEEP COMING BACK. IT WORKS

Meetings Weekly: 87

SATURDAY / SÁBADO

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 **(O)**

7:00AM 1.5HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 **(O,D,Sm,WC)** *Chips*

9:30AM 1.5HR Addicts in the Attic Online/Phone Zoom Meeting, Zoom Meeting ID 2915027056 Password 987654, Yucaipa, California, **(O,D,VM)**

NOON 1HR High Noon Recovery Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,VM)**

5:00PM 1.5HR Living with Others, St. Alban Episcopal Church, Traditions - Guiding Principles Book, 12692 5th Street., Yucaipa, CA, 92399 **(O,GP,WC,NS,CW)**

7:00PM 1.5HR H.O.P.E. Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,SP,VM)**

7:00PM 1.5HR Hard Won Experience, The ARK Church, 1307 East Citrus Avenue, Redlands, CA, 92374 **(O,WC,NS)**

9:00PM 1.5HR Do It In The Dark, Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 **(O,CL,D,WC)** *Candlelight Meeting*

11:00PM 1.5HR Bermuda Triangle, Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, CA, 92376 **(O,D,To,WC,NS)** *Speaker Last Saturday of the Month*

11:00PM 3HR insomNAddicts Zoom Virtual Meeting, Zoom Meeting ID 83984752891 Password 987654, Redlands, California, **(O,VM)**

11:59PM 2HR Midnight Raw Zoom Online/Phone Meeting, Zoom Meeting ID 7209055854 Password 987654, Redlands, California, **(O,JT,VM)**

MEETING FORMAT LEGEND

BK	Book Study	BT	Basic Text
CH	Closed Holidays	CL	Candlelight
CW	Children Welcome	D	Discussion
GP	Guiding Principles	IW	It Works -How and Why
JT	Just for Today	LC	Living Clean
LS	Literature Study	M	Men
NC	No Children	NS	No Smoking
O	Open	SP	Speaker
Sm	Smoking Permitted	St	Step
To	Topic	Tr	Tradition
VM	VirtualMeeting	W	Women
WC	Wheelchair		

SERVICE MEETINGS

Area Service Committee meeting is held on the 4th Monday of each month at 700 pm on **Zoom ID 89933624442 Password 987654**

H & I Meeting is held on the 4th Monday of each month at 6:00 pm on Zoom ID 9260167751# Password 687059

Activities Meeting is held on the 3rd Tuesday of each month at 7:00 pm at Mimi's Bistro & Bakery 395 E. Hospitality Lane San Bernardino, Ca 92408

Public Relations is held on the 2nd Monday of each month at 7:00 pm at Uncle Howie's Pizza 800 E. Lugonia Ave. Redlands, Ca 92374

Outreach Meeting is held on the 1st Sunday of each month at 7:00pm on Zoom ID 2063760978 Password 987654

Chairperson - Denise K......(909)709-3021

Vice Chairperson - Kyle H......(513)290-1091

Secretary - Michelle S......(909)653-5320

Asst. Secretary -Vacant

Treasurer - Tina C......(909)991-4224

Asst. Treasurer -Sarah F......(909)563-6167

RCM - Patty K......(909)725-4039

RCM Alt. - Margaretann H......(909)241-3086

Literature - Tamara S......(909)544-2964

H & I Chair - Andrew M......(909)991-9497

H & I Vice Chair - Greg W......(951)741-6002

Phone Lines - Kelley A temp vacant......(909)213-0755

Activities Chair - Tom D......(909)583-5287

Activities Vice Chair - Chila W......(909)633-3256

Outreach / Capture the Banner - Ron B......(909)648-5744

Public Relations - Kelley A......(909)213-0755

LGBTQ Liaison - DJ......(951)292-1922

Youth Liaison - Jeff E......(909)241-1715

Website - Dudley H......(909)454-2304

PHONE NUMBERS

Blank lines for phone numbers.

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.**

**Our message is hope
and the promise of freedom.**