

SUNDAY / DOMINGO

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O,JT,VM) ( )

8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

10:30AM 1HR True Recovery #2, All Truth Church, , 1525 North D Street #16, San Bernardino, California, 92405 (O,CW) (San Bernardino)

11:30AM 1.5HR Ravishing Renegades, Women Only, 325 Alabama Street Suite 5, Redlands, California, 92373 (O,W,LS) (Redlands)

7:00PM 1.5HR Broken Window, ARK Church of the Nazarene, Room 15, 1307 East Citrus Avenue, Redlands, CA, 92374 (O,D,CW) (Redlands)

7:00PM 1HR Simply Sunday, St. Alban Episcopal Church Potluck Last Sunday at 6pm, , 12692 5th Street., Yucaipa, CA, 92399 (O,D,WC,NS) (Yucaipa)

7:30PM 1.5HR NA Mentone Bonfire, , 1340 Olivine Avenue, Mentone, CA, 92359 (O,Sm,WC) (Mentone)

MONDAY / LUNES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , Redlands, California, (O,JT,VM) (Redlands)

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

6:30PM 1.5HR Anonymous Stag, , 325 Alabama Street Suite 5, Redlands, California, 92373 (O,M,NC,NS) (Redlands)

7:00PM 1.5HR Cornerstone, IVRS, , 939 North D Street, San Bernardino, California, 92410 (O,BK) (San Bernardino)

7:00PM 1HR Ladies Night Book Study, Yucaipa Church of God, , 12477 13th Street, Yucaipa, CA, 92399 (O,W,BK,CW) (Yucaipa)

7:00PM 1HR True Recovery @ Cornerstone, Cornerstone Church, , 903 East 3RD Street, San Bernardino, California, 92410 (O,CW) (San Bernardino)

7:30PM 1.5HR Monday Night Live, Redlands Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O,D,To,NS) (Redlands)

TUESDAY / MARTES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O,JT,VM) ( )

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

6:00PM 1HR Tuesday Night Spot, Empowered Living Community Church, , 2347 North Sierra Way, San Bernardino, California, 92405 (O) (San Bernardino)

7:00PM 1.5HR Keep Coming Back, IVRS, Book Study Leader Share Only, 939 North D Street, San Bernardino, California, 92410 (O,CS,BK) (San Bernardino)

7:00PM 1.5HR Old School Men's Stag Spiritual Principle a Day Meeting, Suite B, 5395 North F street, San Bernardino, California, 92407 (O,M,SPAD) (San Bernardino)

7:00PM 1.5HR The Zoo, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 E Citrus Avenue, Redlands, California, 92374 (O,D,WC,NS) (Redlands)

7:00PM 1.5HR Together We Can, Bethany Presbyterian Church, , 1773 North Riverside Avenue, Rialto, California, 92376 (O,WC,LS) (Rialto)

7:30PM 1.5HR TNT, Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 (O,WC,NS) (Yucaipa)

WEDNESDAY / MIÉRCOLES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

12:30PM 1HR Women Recovering, Inland Behavioral Health Services, , 1963 North E Street, San Bernardino, California, 92405 (O,W) (San Bernardino)

7:00PM 1.5HR Experience, Strength and Hope, Building is across from the round table pizza entrance. Guest speaker last Wednesday of the month., 27995 Highland Ave., Highland, CA, 92346 (C,D,NC,WC,NS) (Highland)

7:00PM 1.5HR Mountain High Meeting, Blue Jay Village Alano Club, Looking at Rite Aid it's to the far left of it., 27219 CA-189, Blue Jay, Ca, 92317 (O,BT,LS) (Blue Jay)

7:00PM 1.5HR Women Do Recover, No Children Allowed, Women Only, 325 Alabama Street Suite #5, Redlands, California, 92373 (O,NC,W) (Redlands)

7:30PM 1.5HR Does Anybody Care, Redlands Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O,SP,WC) (Redlands)

7:30PM 1.5HR Stick Topic Meeting, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,WC,NS) (Yucaipa)

THURSDAY / JUEVES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

5:00PM 1HR True Recovery, , 1525 North D Street, San Bernardino, California, 92405 (O,OE) (San Bernardino)

6:00PM 1.5HR Let it Begin with Me, Belong Church - Please Bring a Chair, front of church no children allowed, 324 West 40th Street, San Bernardino, CA, 92407 (C,BT,D,NC,W,WC,BK,NS) (San Bernardino)

6:30PM 1.5HR Message of Hope, Rialto Bible Fellowship, , 101 North Olive Avenue, Rialto, California, 92376 (O) (Rialto)

7:00PM 1.5HR No Fronts, The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 (O,D,To,WC,CW) (Redlands)

7:30PM 1.5HR Clean & Serene, Jerry L Pettis Memorial Veterans Hospital, Enter rear door by ER second floor room 2B-149, 11201 Benton Street, Loma Linda, California, 92357 (O,D,WC,NS) (Loma Linda)

FRIDAY / VIERNES

7:00AM 1.5HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

7:00PM 1.5HR New Beginnings, Inland Valley Recovery Services, , 939 North D Street, San Bernardino, CA, 92410 (O,D,WC,NS) (San Bernardino)

7:30PM 1.5HR Friday Night Book Study Meeting, No Pets Allowed, , 27397 Baseline Street, Highland, California, 92346 (O,NC,BK) (Highland)

7:30PM 1.5HR It's An Inside Job Dealers Choice, First United Methodist Church, , 1 East Olive Avenue, Redlands, CA, 92373 (IW,JT,SG,To,Tr,WC,BK,LS,SPAD) (Redlands)

7:30PM 1.5HR TGIF - Thank God it's Friday, Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 (O,D,WC,NS) (Yucaipa)

SATURDAY / SÁBADO

7:00AM 1.5HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O,D,Sm,WC) (Yucaipa)

7:00PM 1.5HR Hard Won Experience, The Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O,WC,NS) (Redlands)

9:00PM 1.5HR Do It In The Dark, Mental Health Systems, , 1076 San Antonio Drive, Colton, CA, 92324 (O,CL,D,WC) (Colton)

**11:00PM 1.5HR Bermuda Triangle, Bethany Presbyterian Church, , 1773 North Riverside Avenue, Rialto, CA, 92376 (O,D,Sm,To,WC) (Rialto)**

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
CL	Candlelight	CS	Children under Supervision
D	Discussion	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
SG	Step Working Guide	Sm	Smoking Permitted
SP	Speaker	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	OE	Open-Ended
BK	Book Study	NS	No Smoking
CW	Children Welcome	LS	Literature Study
VM	VirtualMeeting	SPAD	A Spiritual Principle a Day

## SERVICE MEETINGS

**Area Service Committee** meeting is held on the 4th Monday of each month at 700 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

**H & I Meeting** is held on the 4th Monday of each month at 6:00 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

**Activities** Meeting is held on the 3rd Thursday of each month at 7:30 pm at 1307 E Citrus Ave. Redlands, Ca 92374

**Public Relations** Will announced at area prior to the next meeting.

**Outreach Meeting** is held on the 3rd Wednesday of each month at 6:30 pm at Uncle Howie's Pizza 800 E Lugonia Ave Suite A, Redlands, CA 92374

## PHONE NUMBERS

[illegible]

## What is our message?

**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**

For the latest meeting info  
**Scan the QR Code to Visit the  
 Current IEFA Website  
 BMLT Meeting List.**  
 Save the page to your phone home screen.



Visit your phone's App store for QR reader App.



## **INLAND EMPIRE FOOTHILLS AREA**

### **MEETING LIST February 2026 24 HOUR HELPLINE**

(909) 795-0464  
[www.iefoothillsna.org](http://www.iefoothillsna.org)

**SUGGESTIONS FOR EVERYONE**  
**DON'T USE** no matter what  
**Ask your Higher Power** to keep you clean  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**  
**KEEP COMING BACK. IT WORKS**  
Meetings Weekly: 54