

SUNDAY / DOMINGO

7:00AM 1HR saNAtized Just for Today Zoom
Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O, JT, VM) ()

8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

10:30AM 1HR True Recovery #2, All Truth Church, , 1525 North D Street #16, San Bernardino, California, 92405 (O, CW) (San Bernardino)

11:30AM 1.5HR Ravishing Renegades, Women Only, 325 Alabama Street Suite 5, Redlands, California, 92373 (O, W, LS) (Redlands)

7:00PM 1.5HR Broken Window, ARK Church of the Nazarene, Room 15, 1307 East Citrus Avenue, Redlands, CA, 92374 (O, D, CW) (Redlands)

7:00PM 1HR Simply Sunday, St. Alban Episcopal Church Potluck Last Sunday at 6pm, , 12692 5th Street., Yucaipa, CA, 92399 (O, D, WC, NS) (Yucaipa)

7:30PM 1.5HR NA Mentone Bonfire, , 1340 Olivine Avenue, Mentone, CA, 92359 (O, Sm, WC) (Mentone)

MONDAY / LUNES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

7:00AM 1HR saNAtized Just for Today Zoom
Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , Redlands, California, (O, JT, VM) (Redlands)

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

6:30PM 1.5HR Anonymous Stag, , 325 Alabama Street Suite 5, Redlands, California, 92373 (O, M, NC, NS) (Redlands)

7:00PM 1.5HR Cornerstone, IVRS, , 939 North D Street, San Bernardino, California, 92410 (O, BK) (San Bernardino)

7:00PM 1HR Ladies Night Book Study, Yucaipa Church of God, , 12477 13th Street, Yucaipa, CA, 92399 (O, W, BK, CW) (Yucaipa)

7:00PM 1HR True Recovery @ Cornerstone, Cornerstone Church, , 903 East 3RD Street, San Bernardino, California, 92410 (O, CW) (San Bernardino)

7:30PM 1.5HR Monday Night Live, Redlands Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O, D, To, NS) (Redlands)

TUESDAY / MARTES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

7:00AM 1HR saNAtized Just for Today Zoom
Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O, JT, VM) ()

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

6:00PM 1HR Tuesday Night Spot, Empowered Living Community Church, , 2347 North Sierra Way, San Bernardino, California, 92405 (O) (San Bernardino)

7:00PM 1.5HR Keep Coming Back, IVRS, Book Study Leader Share Only, 939 North D Street, San Bernardino, California, 92410 (O, CS, BK) (San Bernardino)

7:00PM 1.5HR Old School Men's Stag Spiritual Principle a Day Meeting, Suite B, 5395 North F street, San Bernardino, California, 92407 (O, M, SPAD) (San Bernardino)

7:00PM 1.5HR The Zoo, The ARK Church, East side of rear parking lot Goodwin Hall , , 1307 E Citrus Avenue, Redlands, California, 92374 (O, D, WC, NS) (Redlands)

7:00PM 1.5HR Together We Can, Bethany Presbyterian Church, , 1773 North Riverside Avenue, Rialto, California, 92376 (O, WC, LS) (Rialto)

7:30PM 1.5HR TNT, Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 (O, WC, NS) (Yucaipa)

WEDNESDAY / MIÉRCOLES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O, JT, VM) ()

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

12:30PM 1HR Women Recovering, Inland Behavioral Health Services, , 1963 North E Street, San Bernardino, California, 92405 (O, W) (San Bernardino)

7:00PM 1.5HR Experience, Strength and Hope, Building is across from the round table pizza entrance. Guest speaker last Wednesday of the month., 27995 Highland Ave., Highland, CA, 92346 (C, D, NC, WC, NS) (Highland)

7:00PM 1.5HR Mountain High Meeting, Blue Jay Village Alano Club, Looking at Rite Aid it's to the far left of it., 27219 CA-189, Blue Jay, Ca, 92317 (O, BT, LS) (Blue Jay)

7:00PM 1.5HR Women Do Recover, No Children Allowed, Women Only, 325 Alabama Street Suite #5, Redlands, California, 92373 (O, NC, W) (Redlands)

7:30PM 1.5HR Does Anybody Care, Redlands Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O, SP, WC) (Redlands)

7:30PM 1.5HR Stick Topic Meeting, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, WC, NS) (Yucaipa)

THURSDAY / JUEVES

7:00AM 1HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

5:00PM 1HR True Recovery, , 1525 North D Street, San Bernardino, California, 92405 (O, OE) (San Bernardino)

6:00PM 1.5HR Let it Begin with Me, Belong Church - Please Bring a Chair, front of church no children allowed, 324 West 40th Street, San Bernardino, CA, 92407 (C, BT, D, NC, W, WC, BK, NS) (San Bernardino)

6:30PM 1.5HR Message of Hope, Rialto Bible Fellowship, , 101 North Olive Avenue, Rialto, California, 92376 (O) (Rialto)

7:00PM 1.5HR No Fronts, The ARK Church, East side of rear parking lot Goodwin Hall , , 1307 East Citrus Avenue, Redlands, CA, 92374 (O, D, To, WC, CW) (Redlands)

7:30PM 1.5HR Clean & Serene, Jerry L Pettis Memorial Veterans Hospital, Enter rear door by ER second floor room 2B-149, 11201 Benton Street, Loma Linda, California, 92357 (O, D, WC, NS) (Loma Linda)

FRIDAY / VIERNES

7:00AM 1.5HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O, JT, VM) ()

8:30AM 1HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

7:00PM 1.5HR New Beginnings, Inland Valley Recovery Services, , 939 North D Street, San Bernardino, CA, 92410 (O, D, WC, NS) (San Bernardino)

7:30PM 1.5HR Friday Night Book Study Meeting, No Pets Allowed, , 27397 Baseline Street, Highland, California, 92346 (O, NC, BK) (Highland)

7:30PM 1.5HR It's An Inside Job Dealers Choice, First United Methodist Church, , 1 East Olive Avenue, Redlands, CA, 92373 (I, W, JT, SG, To, Tr, WC, BK, LS, SPAD) (Redlands)

7:30PM 1.5HR TGIF - Thank God it's Friday, Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 (O, D, WC, NS) (Yucaipa)

SATURDAY / SÁBADO

7:00AM 1.5HR Morning Miracles, Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 (O) (San Bernardino)

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Online/Phone Meeting, Zoom Meeting ID 9097950464 Password 987654, , , California, (O, JT, VM) ()

8:30AM 1.5HR Addicts from the Asphalt, Suite G, 13340 California Street, Yucaipa, CA, 92399 (O, D, Sm, WC) (Yucaipa)

7:00PM 1.5HR Hard Won Experience, The Unity Club, , 1307 Brookside Avenue, Redlands, CA, 92373 (O, WC, NS) (Redlands)

9:00PM 1.5HR Do It In The Dark, Mental Health Systems, , 1076 San Antonio Drive, Colton, CA, 92324 (O, CL, D, WC) (Colton)

11:00PM 1.5HR Bermuda Triangle, Bethany Presbyterian Church, , 1773 North Riverside Avenue, Rialto, CA, 92376 (O,D,Sm,To,WC) (Rialto)

MEETING FORMAT LEGEND			
BT	Basic Text	C	Closed
CL	Candlelight	CS	Children under Supervision
D	Discussion	IW	It Works -How and Why
JT	Just for Today	M	Men
NC	No Children	O	Open
SG	Step Working Guide	Sm	Smoking Permitted
SP	Speaker	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair	OE	Open-Ended
BK	Book Study	NS	No Smoking
CW	Children Welcome	LS	Literature Study
VM	VirtualMeeting	SPAD	A Spiritual Principle a Day

SERVICE MEETINGS

Area Service Committee meeting is held on the 4th Monday of each month at 700 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

H & I Meeting is held on the 4th Monday of each month at 6:00 pm at Pathways 611 E Cypress Ave, Redlands, CA 92374

Activities Meeting is held on the 3rd Thursday of each month at 7:30 pm at 1307 E Citrus Ave. Redlands, Ca 92374

Public Relations Will announced at area prior to the next meeting.

Outreach Meeting is held on the 3rd Wednesday of each month at 6:30 pm at Uncle Howie's Pizza 800 E Lugonia Ave Suite A, Redlands, CA 92374

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

For the latest meeting info
**Scan the QR Code to Visit the
Current IEFA Website
BMLT Meeting List.**
Save the page to your phone home screen.



Visit your phone's App store for QR reader App.



INLAND EMPIRE FOOTHILLS AREA

MEETING LIST February 2026 24 HOUR HELPLINE

(909) 795-0464
www.iefoothillsna.org

SUGGESTIONS FOR EVERYONE
DON'T USE no matter what
Ask your Higher Power to keep you clean
Come early and stay late
Get a home group
Go to 90 meetings in 90 days
Read NA literature daily
Get and use a sponsor
Use the PHONE
KEEP COMING BACK. IT WORKS
Meetings Weekly: 54