

SUNDAY / DOMINGO
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1.5HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>10:30AM 1HR True Recovery #2</b> , All Truth Church, 1525 North D Street #16, San Bernardino, California, 92405 <b>(O,CW) (San Bernardino)</b>
<b>11:30AM 1.5HR Ravishing Renegades</b> , Women Only, 325 Alabama Street Suite 5, Redlands, California, 92373 <b>(O,W,LS) (Redlands)</b>
<b>7:00PM 1.5HR Broken Window</b> , ARK Church of the Nazarene, Room 15, 1307 East Citrus Avenue, Redlands, CA, 92374 <b>(O,D,CW) (Redlands)</b>
<b>7:00PM 1HR Simply Sunday</b> , St. Alban Episcopal Church Potluck Last Sunday at 6pm, 12692 5th Street., Yucaipa, CA, 92399 <b>(O,D,WC,NS) (Yucaipa)</b>
<b>7:30PM 1.5HR NA Mentone Bonfire</b> , 1340 Olivine Avenue, Mentone, CA, 92359 <b>(O,Sm,WC) (Mentone)</b>
MONDAY / LUNES
<b>7:00AM 1HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, Redlands, California, <b>(O,JT,VM) (Redlands)</b>
<b>8:30AM 1HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>6:30PM 1.5HR Anonymous Stag</b> , 325 Alabama Street Suite 5, Redlands, California, 92373 <b>(O,M,NC,NS) (Redlands)</b>
<b>7:00PM 1.5HR Cornerstone</b> , IVRS, 939 North D Street, San Bernardino, California, 92410 <b>(O,BK) (San Bernardino)</b>
<b>7:00PM 1.5HR Keep Coming Back and Stay</b> , Mental Health Systems, 1076 San Antonio Drive, Colton, California, 92324 <b>(O,B,D,Sm,CW) (Colton)</b>
<b>7:00PM 1HR Ladies Night Book Study</b> , Yucaipa Church of God, 12477 13th Street, Yucaipa, CA, 92399 <b>(O,W,BK,CW) (Yucaipa)</b>
<b>7:00PM 1HR True Recovery @ Cornerstone</b> , Cornerstone Church, 903 East 3RD Street, San Bernardino, California, 92410 <b>(O,CW) (San Bernardino)</b>
<b>7:30PM 1.5HR Monday Night Live</b> , Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 <b>(O,D,To,NS) (Redlands)</b>
TUESDAY / MARTES
<b>7:00AM 1HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>

<b>6:00PM 1HR Tuesday Night Spot</b> , Empowered Living Community Church, 2347 North Sierra Way, San Bernardino, California, 92405 <b>(O) (San Bernardino)</b>
<b>7:00PM 1.5HR Keep Coming Back</b> , IVRS, Book Study Leader Share Only, 939 North D Street, San Bernardino, California, 92410 <b>(O,CS,BK) (San Bernardino)</b>
<b>7:00PM 1.5HR Old School Men's Stag Spiritual Principle a Day Meeting</b> , Suite B, 5395 North F street, San Bernardino, California, 92407 <b>(O,M,SPAD) (San Bernardino)</b>
<b>7:00PM 1.5HR The Zoo</b> , The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 E Citrus Avenue, Redlands, California, 92374 <b>(O,D,WC,NS) (Redlands)</b>
<b>7:00PM 1.5HR Together We Can</b> , Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, California, 92376 <b>(O,WC,LS) (Rialto)</b>
<b>7:30PM 1.5HR TNT</b> , Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 <b>(O,WC,NS) (Yucaipa)</b>
WEDNESDAY / MIÉRCOLES
<b>7:00AM 1HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>12:30PM 1HR Women Recovering</b> , Inland Behavioral Health Services, 1963 North E Street, San Bernardino, California, 92405 <b>(O,W) (San Bernardino)</b>
<b>7:00PM 1.5HR Experience, Strength and Hope</b> , Building is across from the round table pizza entrance. Guest speaker last Wednesday of the month., 27995 Highland Ave., Highland, CA, 92346 <b>(C,D,NC,WC,NS) (Highland)</b>
<b>7:00PM 1.5HR Mountain High Meeting</b> , Blue Jay Village Alano Club, Looking at Rite Aid it's to the far left of it., 27219 CA-189, Blue Jay, Ca, 92317 <b>(O,BT,LS) (Blue Jay)</b>
<b>7:00PM 1.5HR Women Do Recover</b> , No Children Allowed, Women Only, 325 Alabama Street Suite #5, Redlands, California, 92373 <b>(O,NC,W) (Redlands)</b>
<b>7:30PM 1.5HR Does Anybody Care</b> , Redlands Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 <b>(O,SP,WC) (Redlands)</b>
<b>7:30PM 1.5HR Stick Topic Meeting</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,WC,NS) (Yucaipa)</b>
THURSDAY / JUEVES
<b>7:00AM 1HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>5:00PM 1HR True Recovery</b> , 1525 North D Street, San Bernardino, California, 92405 <b>(O,OE) (San Bernardino)</b>

<b>6:00PM 1.5HR Let it Begin with Me</b> , Belong Church - Please Bring a Chair, front of church no children allowed, 324 West 40th Street, San Bernardino, CA, 92407 <b>(C,BT,D,NC,W,WC,BK,NS) (San Bernardino)</b>
<b>6:30PM 1.5HR Message of Hope</b> , Rialto Bible Fellowship, 101 North Olive Avenue, Rialto, California, 92376 <b>(O) (Rialto)</b>
<b>7:00PM 1.5HR No Fronts</b> , The ARK Church, East side of rear parking lot Goodwin Hall ., 1307 East Citrus Avenue, Redlands, CA, 92374 <b>(O,D,To,WC,CW) (Redlands)</b>
<b>7:30PM 1.5HR Clean &amp; Serene</b> , Jerry L Pettis Memorial Veterans Hospital, Enter rear door by ER second floor room 2B-149, 11201 Benton Street, Loma Linda, California, 92357 <b>(O,D,WC,NS) (Loma Linda)</b>
FRIDAY / VIERNES
<b>7:00AM 1.5HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>7:00PM 1.5HR New Beginnings</b> , Inland Valley Recovery Services, 939 North D Street, San Bernardino, CA, 92410 <b>(O,D,WC,NS) (San Bernardino)</b>
<b>7:30PM 1.5HR Friday Night Book Study Meeting</b> , No Pets Allowed, 27397 Baseline Street, Highland, California, 92346 <b>(O,BK) (Highland)</b>
<b>7:30PM 1.5HR It's An Inside Job Dealers Choice</b> , First United Methodist Church, 1 East Olive Avenue, Redlands, CA, 92373 <b>(IW,JT,SG,To,Tr,WC,BK,LS,SPAD) (Redlands)</b>
<b>7:30PM 1.5HR TGIF - Thank God it's Friday</b> , Faith Lutheran Church BRING YOUR OWN CHAIR, Meeting is outside, bring your own chair., 12449 California Street, Yucaipa, CA, 92399 <b>(O,D,WC,NS) (Yucaipa)</b>
<b>9:00PM 1.5HR Friday Mando N.A.</b> , IVRS, 939 North D Street, San Bernardino, CA, 92410 <b>(O,JT,WC) (San Bernardino)</b>
SATURDAY / SÁBADO
<b>7:00AM 1.5HR Morning Miracles</b> , Center for Spiritual Living, In the Kinder Hall, 2404 North Golden Avenue, San Bernardino, California, 92404 <b>(O) (San Bernardino)</b>
<b>7:00AM 1HR saNAtized Just for Today Zoom Online/Phone Meeting</b> , Zoom Meeting ID 9097950464 Password 987654, California, <b>(O,JT,VM) ()</b>
<b>8:30AM 1.5HR Addicts from the Asphalt</b> , Suite G, 13340 California Street, Yucaipa, CA, 92399 <b>(O,D,Sm,WC) (Yucaipa)</b>
<b>6:00PM 1.5HR Last Call for Recovery</b> , IVRS, 939 North D Street, San Bernardino, California, 92410 <b>(O,SP,WC) (San Bernardino)</b>
<b>7:00PM 1.5HR Hard Won Experience</b> , The Unity Club, 1307 Brookside Avenue, Redlands, CA, 92373 <b>(O,WC,NS) (Redlands)</b>
<b>9:00PM 1.5HR Do It In The Dark</b> , Mental Health Systems, 1076 San Antonio Drive, Colton, CA, 92324 <b>(O,CL,D,WC) (Colton)</b>

<b>11:00PM 1.5HR Bermuda Triangle</b> , Bethany Presbyterian Church, 1773 North Riverside Avenue, Rialto, CA, 92376 <b>(O,D,Sm,To,WC) (Rialto)</b>
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**The message is that an addict,  
any addict, can stop using drugs,  
lose the desire to use,  
and find a new way to live.  
Our message is hope  
and the promise of freedom.**



Visit your phone's App store for QR reader App.



# MEETING LIST

## December 2025

### 24 HOUR HELPLINE

(909) 795-0464  
www.iefoothillsna.org

## SUGGESTIONS FOR EVERYONE

**DON'T USE no matter what**  
**Ask your Higher Power to keep you clean**  
**Come early and stay late**  
**Get a home group**  
**Go to 90 meetings in 90 days**  
**Read NA literature daily**  
**Get and use a sponsor**  
**Use the PHONE**

## KEEP COMING BACK. IT WORKS

Meetings Weekly: 57